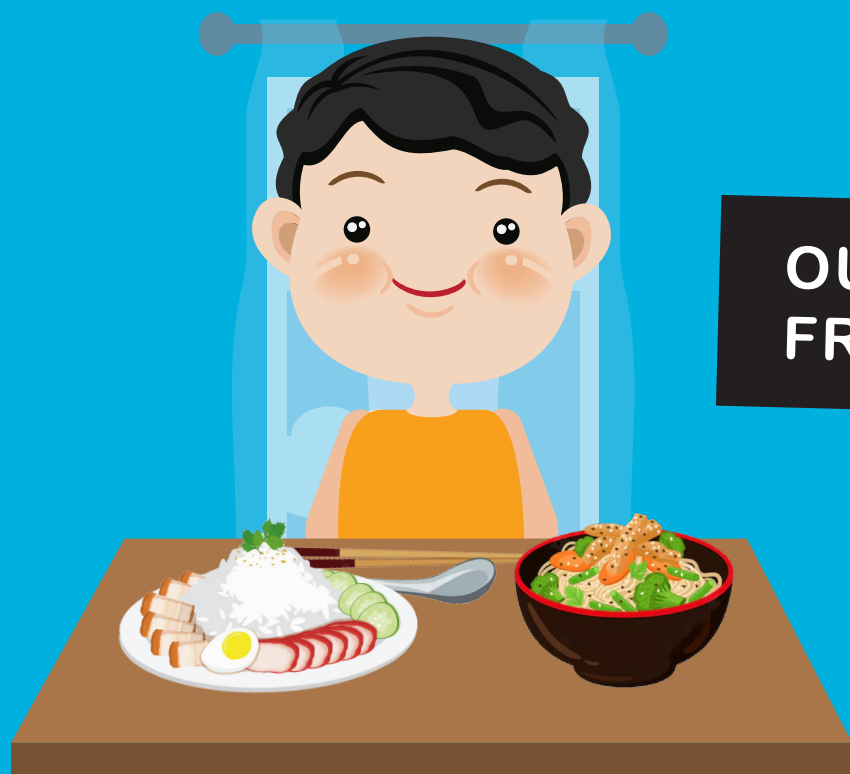


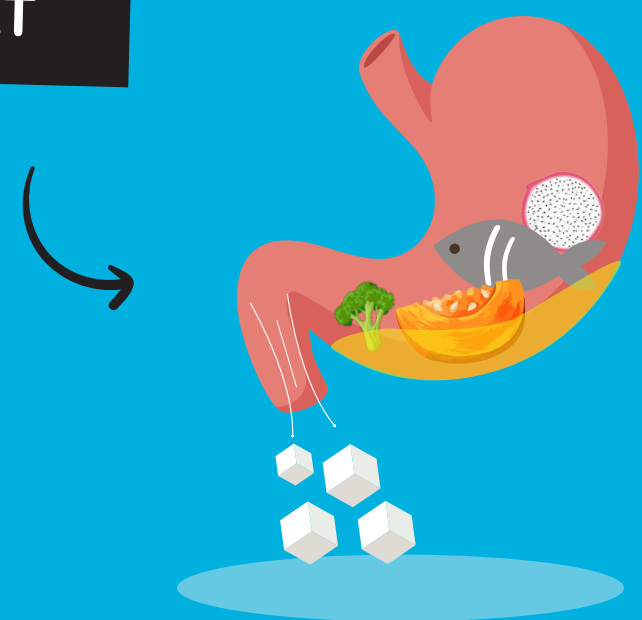


# INSULIN TREATMENT

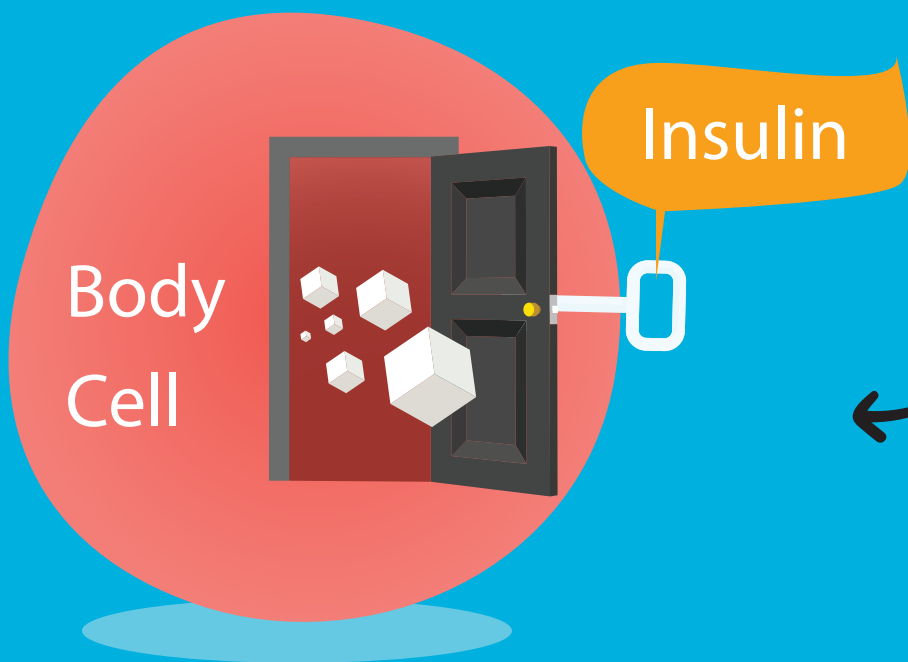
## WHY I NEED INSULIN INJECTIONS?



OUR BODY GETS ENERGY FROM THE FOOD WE EAT



MOST OF THE FOOD WE EAT IS BROKEN DOWN INTO GLUCOSE, OUR MAIN SOURCE OF ENERGY



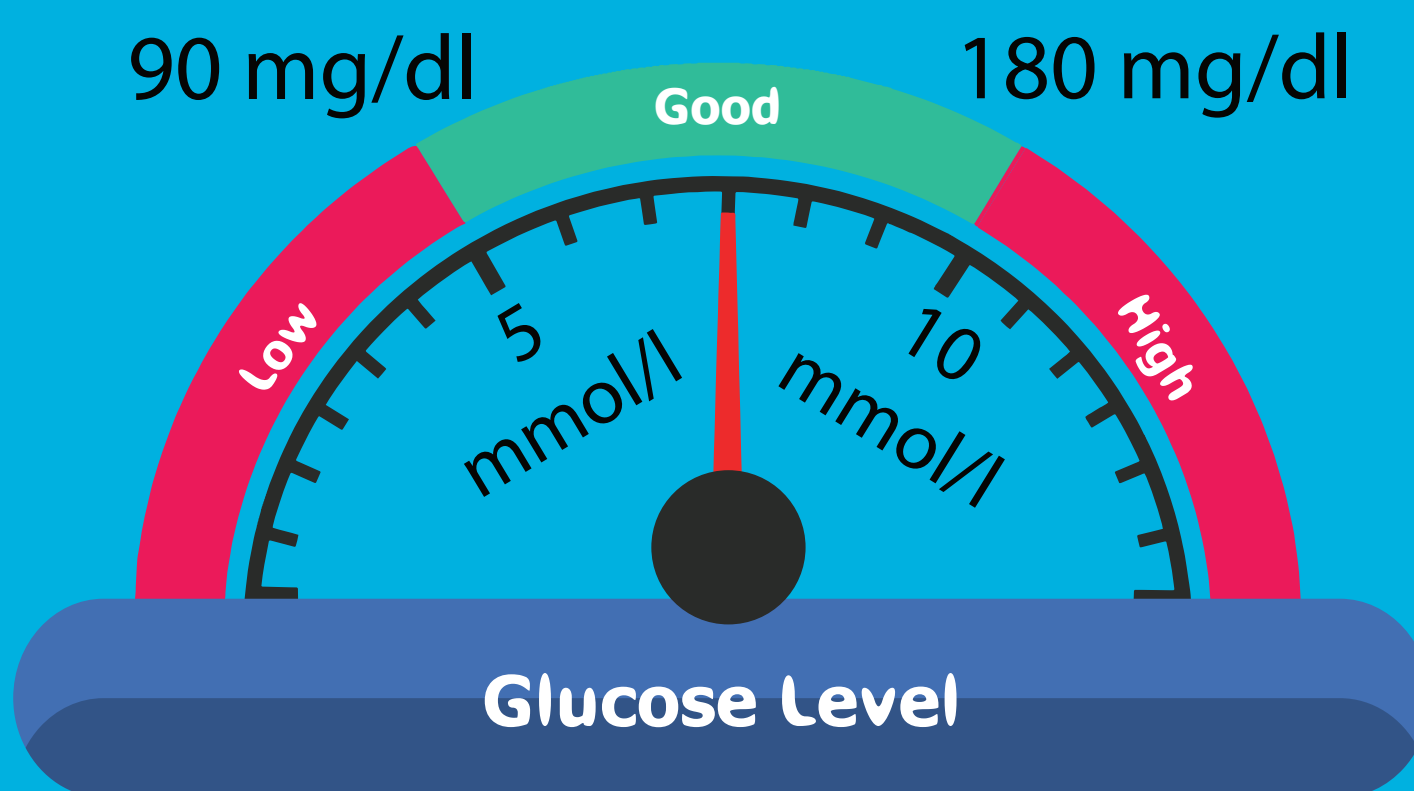
WITHOUT INSULIN, OUR BODY CAN'T GET ENERGY FROM THE FOOD WE EAT!



GLUCOSE NEEDS INSULIN AS THE KEY TO ENTER THE CELLS BEFORE IT CAN BE USED AS ENERGY



# INSULIN TREATMENT



YOU NEED INSULIN INJECTIONS TO KEEP YOUR BLOOD GLUCOSE LEVEL AS NORMAL AS POSSIBLE SO YOU STAY HEALTHY



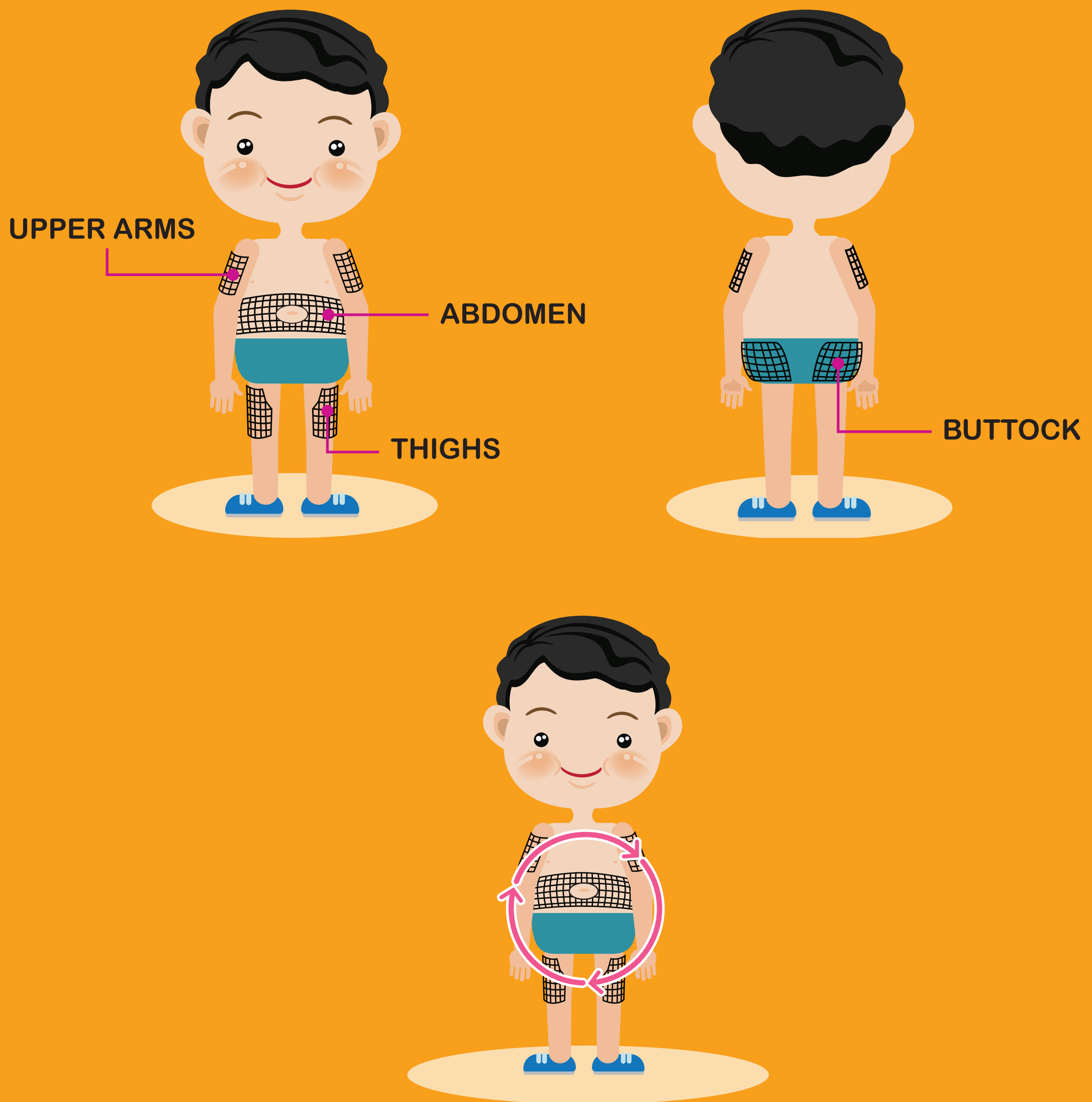
YOUR DOCTOR WILL HELP YOU TO KNOW HOW MUCH INSULIN YOU SHOULD INJECT EACH TIME



# INSULIN TREATMENT

## WHERE SHOULD I INJECT INSULIN?

INJECT INTO THE FATTY LAYER JUST UNDER YOUR SKIN IN ONE OF THE 4 SAFE AREAS:



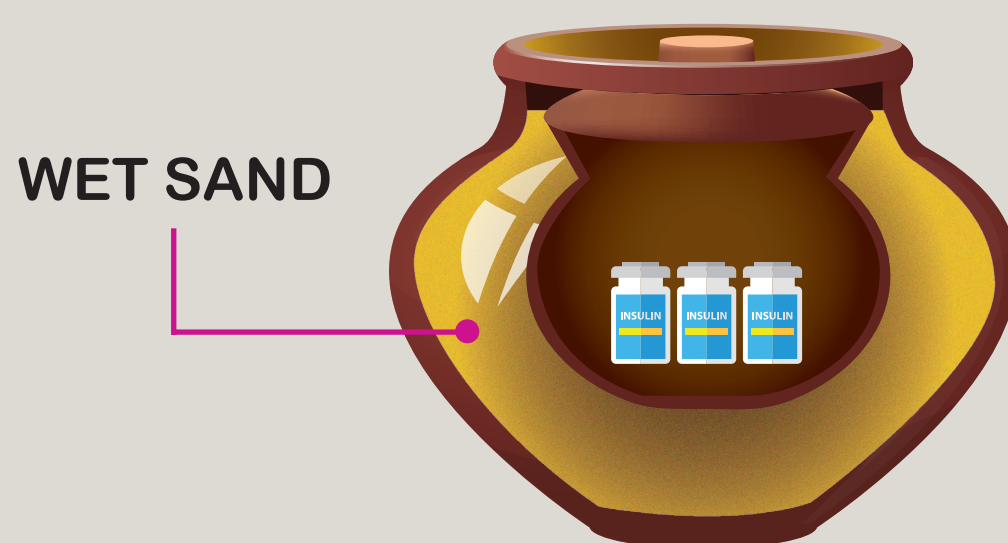
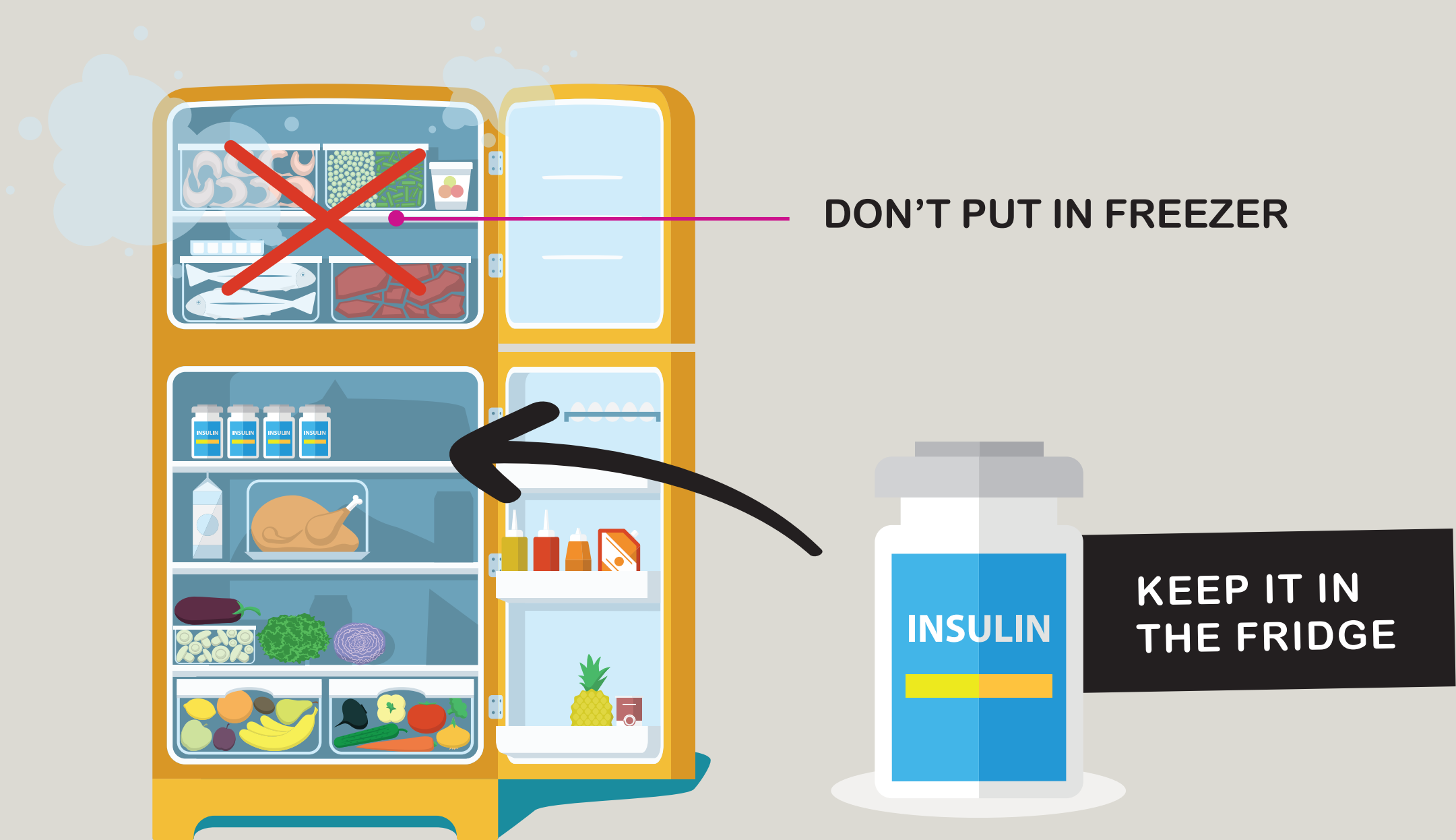
REMEMBER TO ALWAYS ROTATE INJECTION SITES



# INSULIN TREATMENT

## HOW DO I STORE INSULIN?

### INSULIN NOT OPEN (NEW)

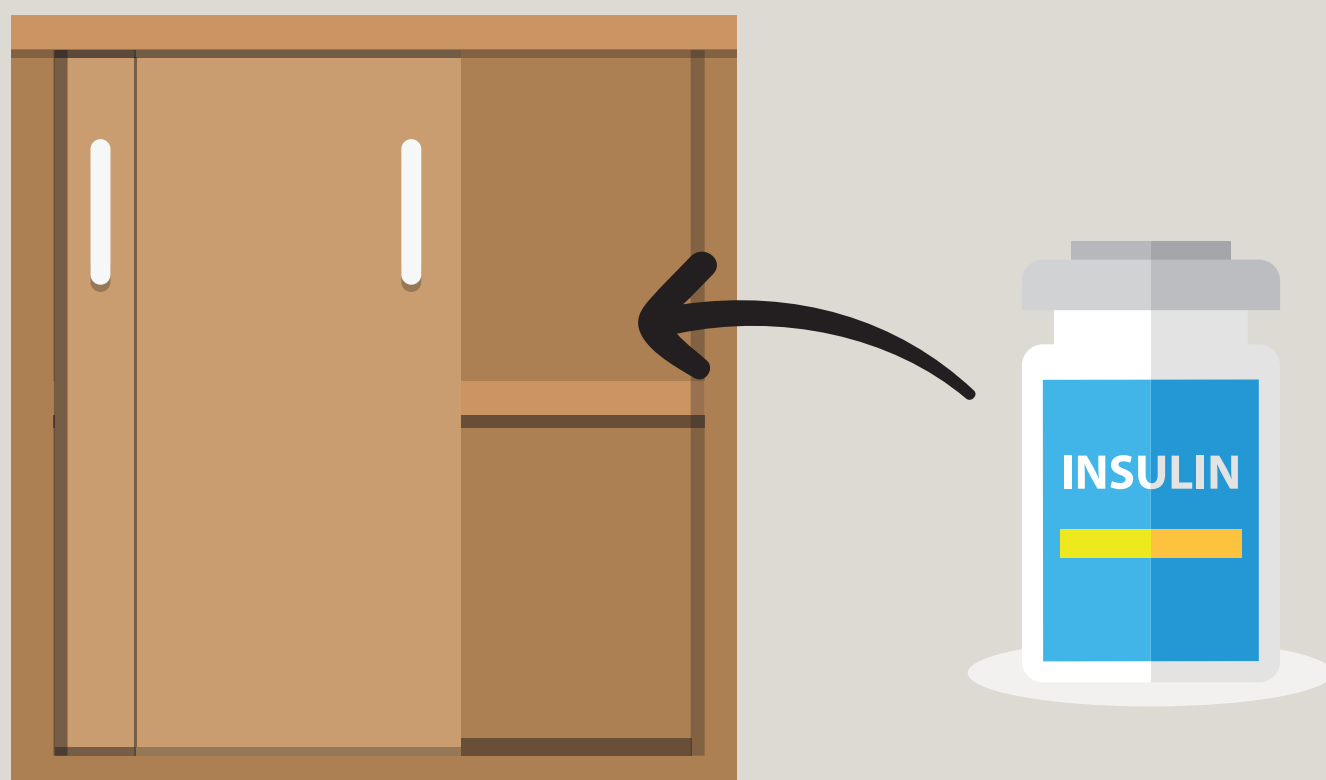


OR IN A CLAY POT BURIED IN WET SAND



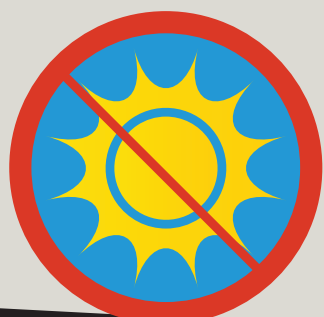
# INSULIN TREATMENT

## INSULIN IN USE (ALREADY OPENED)



KEEP AT ROOM TEMPERATURE (IN A DARK AND COOL PLACE UNDER 30°C) FOR UP TO 30 DAYS

## WHEN YOU TRAVEL OF GO TO SCHOOL/WORK



AVOID DIRECT SUNLIGHT OR HIGH TEMPERATURES



DO NOT FREEZE YOUR INSULIN



DO NOT USE INSULIN IF IT HAS EXPIRED